

Hacienda Yoga Retreat- Joy Yoga

7-12th September 2026



La Hacienda retreat

<http://www.haciendaretreat.com/Home.html>

is in the Andalusian mountains, to the west of Granada. The yoga retreat offers daily morning meditation, more than three hours of yoga and plenty of time to relax by the pool, take a walk or visit Montefrio. We also will be taking a day trip to Granada (not included).

The retreat is located at the end of a long lane, away from the hustle bustle of urban life. There are two purpose-built yoga studios on site, a twelve-metres swimming pool, a meditation space and access to hot and cold drinks throughout the day.

In your spare time you can read or rest by the pool. We aim to keep this as a quiet space where we encourage minimum conversation, however there is lovely indoor and outdoor space in and around the main house to gather for tea, cake and conversation as well as lovely walks among the olive groves.

Outside the main house is the al fresco dining area with its communal dining table and benches. Here you will have the opportunity to eat freshly prepared, tasty vegetarian food, for brunch and dinner in a beautiful setting under an illuminated canopy. Buffet breakfast, brunch and dinner are included in the price, as well as tea and cake daily. Water, tea and coffee is included and there is the possibility to purchase wine and beer for mealtimes if desired. We encourage early nights so that all guests have the opportunity to have a good night's sleep and be ready for the early mornings' activities.



Agenda

Monday

14.00 approximately: meet at Malaga airport arrivals. Please ensure your flight lands before 13.00 if you are arriving on the Monday. Transport cannot be held due to delayed flights.

16.00 approximately: arrive at La Hacienda. Time to settle in. Rooms will be allocated based on the requirements of the group and order of booking.

17.00 gentle yoga practice

19.00 dinner and time to relax.

Tuesday to Friday (Please note these timings are approximate and may be changed)

(help yourself to breakfast at any time)

07.30: meditation

08.30 - 10.00: yoga and pranayama

10.00: optional yoga workshop

11.00: brunch. Afternoon tea mid-afternoon (self service)

17.00 – 18.15: gentle yoga

19.00 dinner



Saturday

07.00: meditation

08.00 – 09.15 yoga and pranayama, followed by breakfast

10.30: departure to Malaga airport, arriving midday.

Please book your return flight to depart from Malaga after 14.00. Or enjoy the rest of Friday in Malaga and return to the UK at the weekend.



Room types and prices per person:

Type of room	Early bird	From April 26
Shared room (2 twins with shared bathroom and 1 triple with own bathroom, not en suite):	£785	£835
Single room (only one bed in room) with shared bathroom – 4 available	£815	£865
Double room en suite (1 available)	£815	£865
Twin room en suite (6 available)	£815	£865
Single occupancy room with en-suite (depending on availability. This will be a twin room, i.e. there will be two beds in the room)	£905	£970

Travel, packing and booking:

Price: from £785 – Early bird special for a shared room and bathroom until 1st April 2026 All prices are detailed on previous page.

Price includes: Five night's full board in a twin or triple room, with either shared bathroom or en-suite facilities. Single rooms and one double room are available at a supplement, depending on availability. Transport to and from La Hacienda by bus is also included.

From 1 April 2026 the early bird price will no longer be available.



Suggestion re travel plans:

Please book flights that arrive before 1pm on Monday 8th September at Malaga airport (AGP). Ryanair, Easyjet and British Airways have reasonably priced flights if booked in advance. Alternatively take a flight to arrive a day or two before and enjoy some time in Malaga at the beach or in the beautiful city which hosts the Picasso Museum, Pompidou Centre, fantastic shopping opportunities and great restaurants.



Passport valid for six months after 7th September 26 you do not hold a British passport please check your passport issuer's requirements.

Loose comfortable clothing / yoga gear.

Swimming attire, sun cream and sarong.

Warm clothing for the evenings.

Flat shoes or sandals.

Cash in euros for incidentals.

Metal or plastic water bottle (please avoid bringing glass).

Please note the nearest shops are several kilometres away so please bring any personal supplies you require.

If possible, travel with hand luggage only as our transport has limited luggage space and most airlines charge extra for hold baggage. We usually don't need much on our retreat!

Further information on what to bring and joining instructions will be issued prior to departure.

Important information and terms and conditions:

Please note: The transport to the Hacienda is available for passengers arriving on Monday 1pm at Malaga airport in time for a 2pm departure. If your flight arrives late and the group has had to leave Malaga airport, you will have to find your way to la Hacienda (please note that a taxi journey costs approximately 150 euros).

Cancellation charges are applicable if you have to cancel your booking. This will depend on how many weeks the cancellation is made prior to the arrival date. **Please see below.**

A non-refundable deposit of **£145** is required to secure your place and the final balance is payable at the latest two months (7th July 2026) before the start of the retreat.

Priority for room allocation will be given to clients who have met our requirements for deposits and payment. Rooms will be allocated once full payment has been made.

If you book a twin room it will be assumed that you are happy to share with another guest. Please let us know if you have arranged to share with another guest on the retreat.

Supplements are charged for single occupancy of rooms as we are charged by the venue for using these rooms.



Cancellations: We will endeavour to treat cancellations sympathetically, however, once a booking is made, considerable administration costs are incurred. The fees refundable are as follows: Cancellation 12 + weeks in advance: full refund less deposit. Cancellation 8+ weeks in advance: 50% refund less deposit. Cancellation 4+ weeks in advance: 25% refund if a replacement can be found. Cancellation less than 4 weeks in advance – no refund given. Cancellation of your holiday, for whatever reason, should be notified to us in writing or by email. **WE WOULD STRONGLY ADVISE ALL TRAVELLERS TO TAKE OUT THE APPROPRIATE HOLIDAY INSURANCE COVER.**

In the unlikely event that we would need to cancel a holiday, full refunds will be given for any money paid to us up to the date of the cancellation. No responsibility can be taken for travel booked or other costs incurred.

All medical information and allergy details must be received at time of booking. Please inform us after booking if there are any new conditions / allergies etc. No responsibility can be taken for information not given prior to the commencement of the retreat.

jennaowenyoga@gmail.com

Booking form September Hacienda Retreat 2026: Please complete each section and forward to Jenna

Name	
Date of birth	
Address Including postcode	
Email address	
Emergency contact name	
Emergency contact tel number, email address	
Please describe your level of physical fitness and any physical / medical conditions, disabilities or injuries	
Please inform us of any dietary requirements or allergies	
Which room type would you like to book? - to be confirmed based on availability – please tick	Shared room (shared bathroom)
	Single room (shared bathroom)
	Twin room (en-suite bathroom)
	Double room (en-suite bathroom)
	Twin room (en suite) for single occupancy
If you are booking a twin room please tick one of these two options:	Happy to share with another guest
	Planning to share with:
Is there anything else you wish us to know that may affect your stay or your yoga practice, so that we can support you?	
Arrival details: date, time, flight number	
Departure details: date, time, flight number	
Deposit paid to:	
Signature:	By signing, I accept the terms and conditions and have paid the £145 deposit by cash or bank transfer

A confirmation email will be sent to you as soon as the deposit has been paid. Thank you.