



Thurlestone Hotel

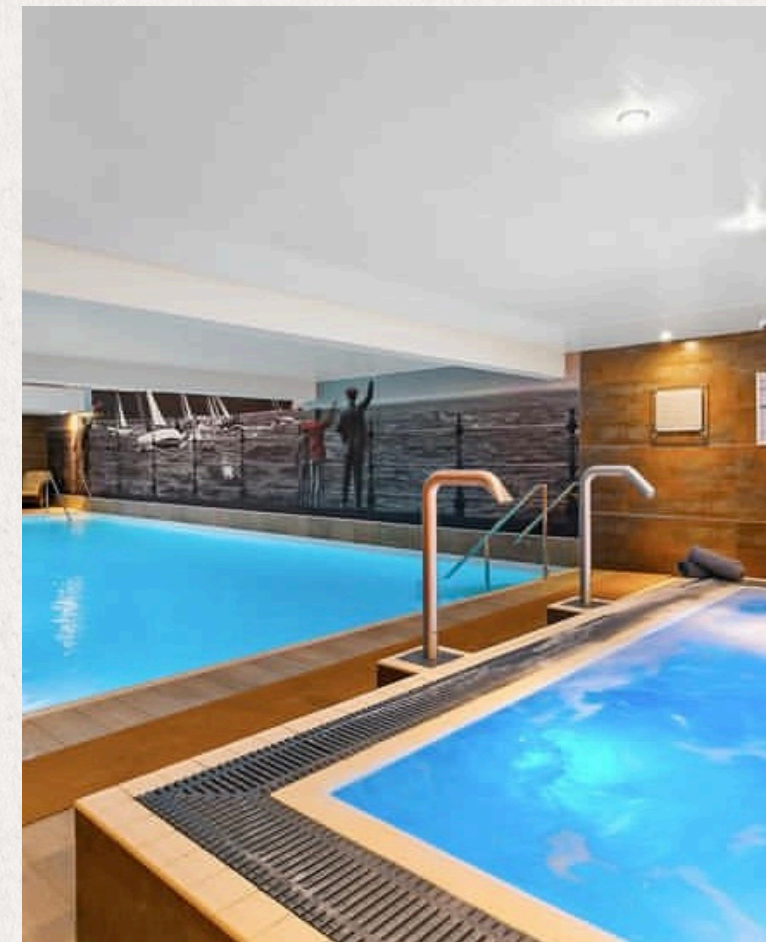
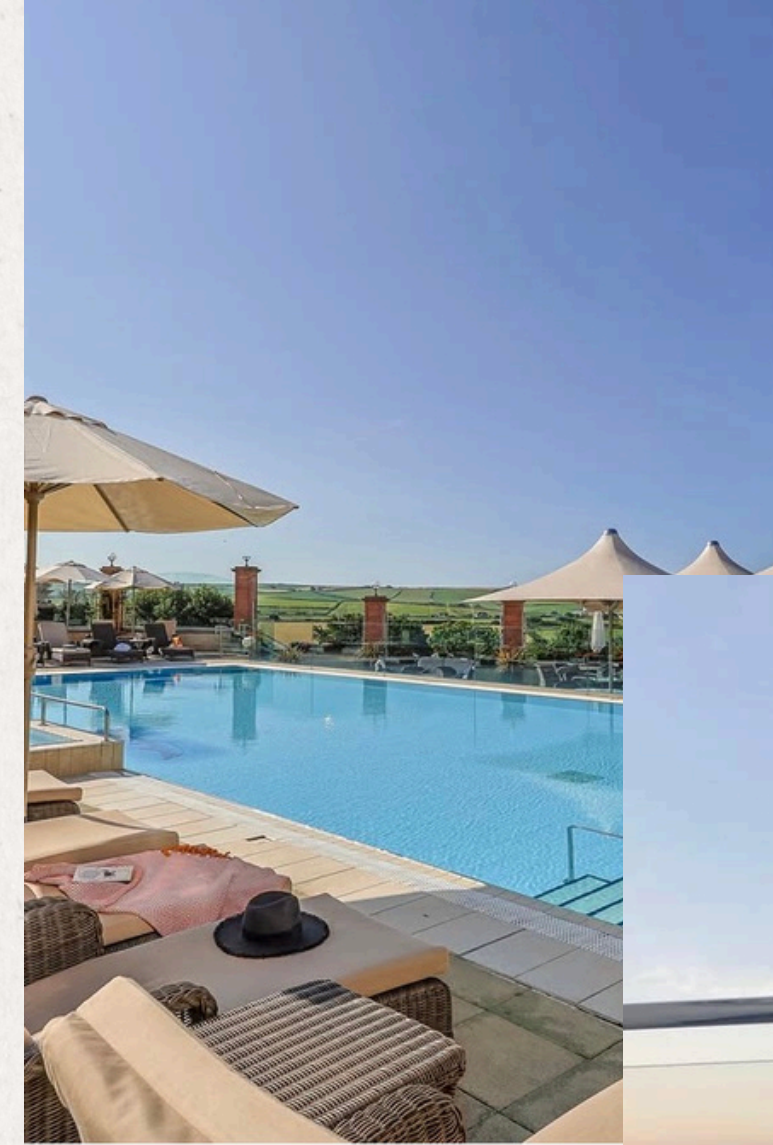
YOGA & SPA RETREAT

WEEKEND

24-26th April
2026

A WEEKEND OF REST & ADVENTURE!

This retreat is situated in the luxurious Thurlestone hotel in the beautiful South Hams. During your retreat you will enjoy 2 yoga classes a day, an energising class in the morning and a more grounding relaxing class in the late afternoon. Accommodation is provided along with a delicious breakfast and dinner overlooking the beautiful South West Coastline. How active you make your weekend is completely up to you! Do you want to go out and explore the rugged coastal path or relax and restore in the spa? Maybe a little of both!





ACCOMMODATION

Depending on your choice of room you can wake up to this incredible view! All bedrooms are ensuite with tea & coffee facilities. Bedrooms are tastefully decorated to remind you of the coastline this beautiful hotel sits on.

Room Options

Inland Cosy

Seaview view

Seaview with balcony

FOOD & BEVERAGES

Breakfast and dinner are included in your stay. This retreat is a foodie heaven! Fridays dinner is taken at The Village Inn- The hotel owned pub. Saturdays dinner and both breakfasts are taken at the Hotels incredible restaurant The Trevilder. You won't be disappointed!

You also have the option to enjoy a delicious afternoon tea on our arrival day- this is an extra cost on check out.



RETREAT OVERVIEW

Friday 24th April

Check in from 3pm
Full use of Hotel Spa and facilities
3pm Optional afternoon tea
5pm Yoga Flow
7pm Welcome drinks
730pm Dinner at The Village Inn

Saturday 25th April

730am Beach Yoga (if weather permits!)
945am Breakfast
11am- 6pm Day to explore the area and/or relax in the Spa
6pm Yoga on the lawn
8pm Dinner at the Trevilder Restaurant

Sunday 26th

730am Beach yoga or yoga in the Yarmer Suite
945am Breakfast
11am Checkout
Full use of spa facilities until you leave!

Pricing

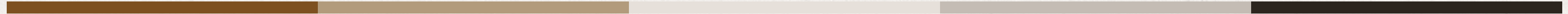
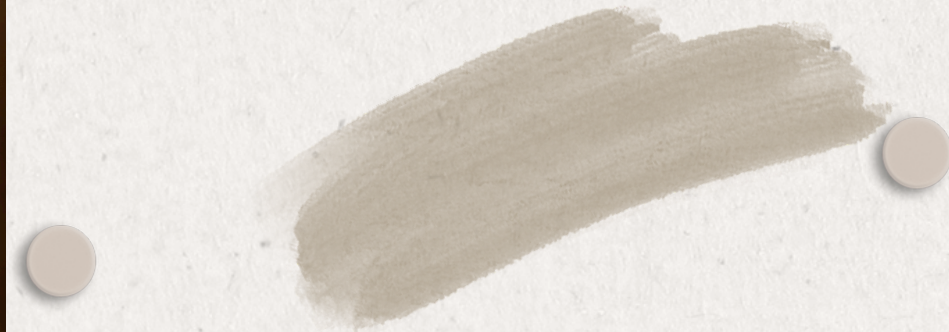
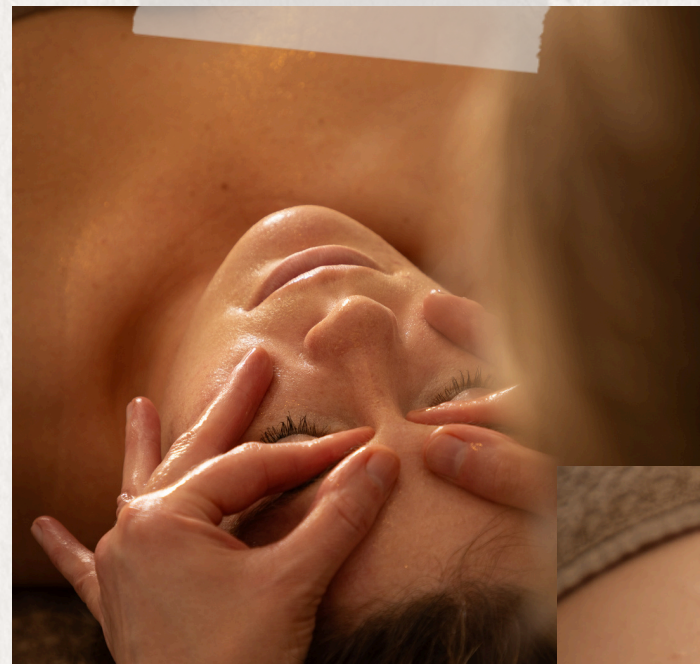
Inland room-
Single Occupany £670
Double/Twin £480 Per person

Sea View Room
Single occupancy £770
Double/ Twin £510 per person

Seaview with balcony- please message for availability and pricing

Your place is secured with a non refundable deposit of £75. Full payment is needed on 23rd March 2026

SPA TREATMENTS AT THE VOYAGE SPA





CONTACT DETAILS

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Thurlestone.co.uk

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